



**4th Annual Pedal for PAL Bike Tour**  
**Benefitting the Palm Beach County Police Athletic League**  
*Presented by the Palm Beach County Sheriff's Office Cycling Club*

**OFFICIAL REGISTRATION FORM**

Full Name \_\_\_\_\_

Address \_\_\_\_\_

E-Mail \_\_\_\_\_ Phone \_\_\_\_\_ Age \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

All riders are required to wear an approved helmet. No headphones are allowed. Follow rules of the road.

Emergency Contact / Phone \_\_\_\_\_

I plan to ride:           38 miles           62 miles           100 miles

PLEASE CIRCLE SHIRT SIZE (If registered by 2/15/11):    Small            Medium            Large            X-Large            XX-Large

Amount Enclosed:           \$ 40 up to 2/25/11           \$ 50 (day of ride)    **No T-shirt.**            TOTAL \$ \_\_\_\_\_

**Please make checks payable to Palm Beach County Police Athletic League. Return registration form/checks/money orders to Police Athletic League 3228 Gun Club Road, West Palm Beach, FL. 33406.**

Waiver and Release: This entry contains a waiver and limit on your legal rights. I agree to defend, indemnify and hold harmless Palm Beach County Police Athletic League and the tour organizing committee, including any and all participation sponsors and supporters, against all claims, damages and cause of action including court costs and attorney fees, directly and indirectly arising from any proceedings brought by or prosecuted for my behalf contrary to this agreement. I attest and verify that I have full knowledge of the risks involved in this ride and that I assume those risks. I realize expressly that this is strenuous activity and that to the best of my knowledge my training and health are adequate for me to participate safely in this ride. I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity regardless of whether I authorized such expenses. Further, I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during this ride. I understand that this is a tour and not a race being done over open roads. I understand this is not a closed course. Riders will be riding in normal traffic and are required to follow all traffic laws and signals. Helmets are required and headphones are not allowed.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Consent for my child/name to ride in the Tour: \_\_\_\_\_

The Tour starts at **Dryfoos School of the Arts** in beautiful West Palm Beach, FL. Registration and pre-ride carbs will begin at 6:30am. There will be a 7:30 Mass Start. Food will be provided at all rest-stops/SAG. **Join us for a post ride meal at the school.**

All proceeds go to support the Palm Beach County Police Athletic League. The Police Athletic League is a youth crime prevention program that relies on educational, athletic and other recreational activities to cement a bond and create trust and understanding between police officers and youth.

**Pick-up packet on day of ride at registration.**