

**The Children's Hospital at Palms West  
1st Annual Sunshine Kids Metric Century & Family Fun Ride**

**METRIC CENTURY**

- 0.2 mi West on University to Parkside
- 0.8 mi Right at Parkside Dr to Greenway
- 2.0 mi Left at Greenway to Indian Creek Pkwy
- 2.6 mi Right at Indian Creek to Central Blvd
- 7.7 mi Right at Central to Bent Tree Dr.
- 9.5 mi U turn at Bent Tree Dr to Hood Rd
- 10.4 mi Right at Hood into Frenchman's Reserve (across Alt A1A)
- 12.0 mi Left around circle Hood Rd to Prosperity Farms Rd
- 13.2 mi Left at Prosperity Farms to Donald Ross Rd
- 14.6 mi Right at Donald Ross to A1A
- 18.1 mi Left at A1A to Carlin Park Rest Stop on Left (turnaround for ½ Metric)
- 19.5 mi A1A to US1
- 20.1 mi Right at US1 to Beach Rd
- 29.0 mi Right at Beach Rd to Bridge Rd
- 30.2 mi Left at Bridge Rd to Village Bike Shop on right (rest stop)
- 31.4 mi Left at Bridge Rd to Beach Rd
- 40.3 mi Right at Beach Rd to US1
- 40.9 mi Left at US1 to A1A
- 45.8 mi Left at A1A to Donald Ross Rd
- 47.2 mi Right at Donald Ross to Prosperity Farms
- 48.4 mi Left at Prosperity Farms to Hood Rd/Flamingo Rd
- 53.9 mi Right at Hood/Flamingo to Jog Rd
- 55.0 mi Right at Jog to Donald Ross
- 57.2 mi Right at Donald Ross to Central Blvd
- 59.5 mi Left at Central to Indian Creek Pkwy
- 60.5 mi Left at Indian Creek to Greenway
- 61.5 mi Left at Greenway to Parkside
- 61.8 mi Left at Parkside to University & Main FINISH